

# NURSE ASSISTANT (CNA)

*Semester, Every day*

Utah CTE Pathway: Health Sciences



Instructor: Mary Lee Hackman

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**PROGRAM DESCRIPTION:** Students will provide patient care, assess patient wellness, report changes in patient condition, measure intake/output, perform range of motion, and measure vital signs - blood pressure, pulse, respiration, and temperature, along with height, and weight. Additionally, students will assist with lifting, moving, walking, turning and positioning patients. CPR and 1<sup>st</sup> Aid, medical terminology, basic human anatomy and physiology concepts will be taught.



**High School Credit:** CTE credit or elective credit: up to 2 credits

**Concurrent Enrollment:** up to 5 college credits. Student is responsible to register and pay for concurrent enrollment classes at SLCC. For more information on these classes, see Appendix.

**Industry Certification:** Students prepare to take the State Nurse Assistant Certification Test.

**Skills Certification:** Utah State Skill Certification Test(s)

**Additional Opportunities:** Students may experience youth leadership and service through HOSA.

**Requirements:** Excellent attendance, students must attend one clinical session each week, above and beyond class time. Must have current immunizations: Hepatitis B series, Tuberculosis (TB) skin test, Tdap, Measles, Mumps, and Rubella (MMR), Flu, and Varicella. Students must pass a urine drug screening.

**Recommended:** Biology, Health Occupations, Medical Anatomy and Physiology, and Health Sciences

## COURSE DESCRIPTIONS:

**Nurse Assisting:** Nurse assisting is the fastest growing profession in the U.S. This class will lead to certification so students may obtain a job in the healthcare field. Most Utah colleges highly encourage or require CNA experience to apply to nursing or medical degree programs.

**HS 1100/ Medical Terminology:** Uses videos and lecture to cover over 350 medical prefixes, elements, and suffixes. Learn the proper usage, pronunciation and spelling of medical terminology.

**HLTH 1200/Emergency Medical Responder:** Students learn how to perform CPR and first aid, and have the opportunity to obtain certification while taking this class.

**Costs/Fees for the 2026-2027 school year:** Pending school board approval.

**CAREER POSSIBILITIES:**

CNA  
Nurse  
Nurse Practitioner

Respiratory Therapist  
Occupational Therapist  
Physician Assistant  
Physician



*"The CNA program at CTEC is an amazing class to take if you are interested in pursuing a career in the medical field. I really enjoyed taking the class because I was able to get a lot of hands-on practice. The instructors are very skilled and great at teaching. I felt very prepared to take the certification exam at the end of the semester because of how well the skills were taught. Working as a CNA will allow me to obtain experience and prepare me for my future career in medicine. At the end of the semester, you will not only become a competent CNA, but also proficient in medical terminology as well as anatomy and physiology. I highly recommend this course to anyone who is interested!" Sarah Aldulaimi*

*"Throughout my high school experience, I had never felt like I found a group of people that I truly belonged with, until I took the CTEC CNA program my senior year. Throughout the program, not only did I truly discover my passion for having a career in the medical field and my love for helping and caring for other people. Mrs. Hackman, along with all the other nurses, help to create an environment where you feel comfortable, loved, and supported. The people in the program truly made me feel like I belonged and I made some of my closest friends in the program. Mrs. Hackman taught the curriculum in an amazing way that helped create understanding and knowledge of the material. I would recommend the CNA program to anyone that wants to go into the medical field." Abbey Stark*

