PROGRAM DESCRIPTION: This program is designed for students interested in the rehabilitation career field of physical therapy. Students will learn skills required to function as a therapy or rehabilitation technician including therapy treatments, communication skills, patient transfers, patient ambulation, patient range of motion, clinic policies and procedures, and professionalism. Students will learn to assist physical therapists and physical therapist assistants in managing patient care in a rehabilitation setting such as outpatient, hospital, and skilled nursing facilities. Students will demonstrate abilities such as evaluating patient range of motion, therapeutic exercise, interpersonal and professional communication skills, and basic and functional human anatomy. Students will participate in clinical observations.

COURSE DESCRIPTIONS:

Introduction to Physical Therapy: This course introduces students to the field of physical therapy through the history, medical terminology, documentation, therapy treatments, and pertinent legal and ethical considerations of the profession. Healthcare for a diverse population begins its thread in this course. Students will participate in clinical observations.

PES 2400/Exercise Science/Sports Medicine: This course is designed to introduce the student to the area of physical therapy and athletic training. Students will also learn components of sports medicine including human anatomy and physiology, injury prevention, first aid practices, injury evaluations, healing processes, therapeutic modalities, sports nutrition, performance skills, and career options.
Career Possibilities:

- Rehabilitation Technician
- Physical Therapist Assistant
- Physical Therapist
- Physical Therapy Aide
- Certified Personal Trainer
- Physician
- Surgeon
- Athletic Trainer
- Sports Psychologist
- Certified Strength and Conditioning Specialist

"This class has been the best course decision I have made in all of my high school career. Unlike other classes, we learn hands-on and can apply what we learn to a physical therapy or exercise science profession". Nichols Berndt

"This class is really applicable to the real world. It not only gives you an in depth view of physical therapy, but also an overview of other health professions relating to rehabilitation which helps you know what you want to do in the future". Riley Wood

"This class gives you fantastic hands-on experience. The teacher, the curriculum and the experience are all a part of what makes this class so unique and educational". Tristynn Faris

"This is a class that you do not want to miss out on. Experiencing physical therapy hands-on, practicing techniques, and how to provide the best care for a potential patient. Every day is something new and fun to participate in". Lexi Walker

"I wish I could be in this class all year. I have learned so much from physical therapy. We always do fun activities and always have fun. There is a positive attitude in the class". Hannah McClure

"I like that we actually get up and do the exercises and things that we are learning about on ourselves. It is so much more interesting than just sitting taking notes and doing bookwork all class period". Rebekah Oakeson